

# “SHORES OF THE SWILLY”

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**MUSIC:** “The Shores Of The Swilly”, *Ballroom Emotions*, Casa Musica CP 5005, Track #4.

**PHASE & RHYTHM:** Phase VI Waltz [Contact Choreographer for Availability]

**SEQUENCE:** A, A (MOD-1), B, C, B (MOD), C, A (MOD-2), END

## PART A

- 1-4** WAIT; BK HOV TRANS / LADY TRN BJO; MANU; OVERTRN SPIN TRN;  
1 [WAIT] SHAD X-CK POS DRW both R ft free & pt bk;  
2 1\_2(123) [BK HOV TRANS / LADY TRN BJO] Bk R lf trn, rise brush L to R, fwd L BJO DLW  
(W bk R lf trn, rise lf trn fwd L LOD, cont lf trn bk R BJO fc DRC);  
3 123 [MANU] Fwd R DLW outsd ptr, fwd L rf trn, cl R to L CP RLOD (W bk L ptr outsd, bk R rf trn, cl L to R CP fc LOD);  
4 123 [OVERTRN SPIN TRN] Bk L rf trn, fwd R cont rf trn, bk L CP RLOD (W fwd R rf trn, bk L cont rf trn, fwd R CP fc LOD);
- 5-8** DBL RT TRNG LK TO WHISK LINE;; WING; FWD TO RT CHASSE;  
5 1&23;1&23 [DBL RT TRNG LK TO WHISK LINE] Bk R/lk Llf rf trn, fwd R LOD rf pvt, bk L CP RLOD  
(W fwd L/lk Rib rf trn, bk L rf pvt, fwd R CP fc LOD);  
6 Bk R/lk Llf, bk R rf trn, hook Lib to whisk line SCP DLC (W fwd L/lk Rib, fwd L rf trn, hook Rib to whisk line SCP DLC);  
7 123 [WING] SCP fwd R lf body trn SCAR DLC, \_\_, \_\_ (W SCP fwd L, fwd R, fwd L across ptr to SCAR fc DRW);  
8 12&3 [RT CHASSE] SCAR fwd L DLC outsd ptr lt sd, lf trn sd R/cl L to R, bk R BJO fc DRW  
(W bk R DLC ptr outsd lt sd, rf trn sd L/cl R to L, fwd L BJO fc DLC);
- 9-12** OUTSD CHG TO SCP; RUN OP NAT; TUMBLE TRN; REV PVT TO VIEN-X;  
9 123 [OUTSD CHG TO SCP] BJO bk L ptr outsd, bk R lf trn, fwd L SCP LOD (W BJO fwd R DLC outsd ptr, fwd L, fwd R SCP LOD);  
10 12&3 [RUN OP NAT] SCP LOD fwd R rf trn, bk L/bk R, bk L DLC BJO ptr outsd (W fwd L, fwd R/fwd L, fwd R CLC BJO outsd ptr);  
11 1&23 [TUMBLE TRN] Bk R DLC/lf trn sd L, fwd R DLC BJO outsd ptr, fwd L DLC lf pvt CP RLOD  
(W fwd L DLC/fwd R lf trn, bk L BJO ptr outsd, bk R lf pvt CP fc LOD);  
12 123& [REV PVT TO VIEN-X] CP RLOD bk R lf pvt, fwd L LOD, fwd R lf trn/lk Llf CP RLOD  
(W CP fwd L lf pvt, bk R, bk L lf trn/cl R to L CP fc LOD);
- 13-16** SLO HOV CORTE;; BK & PREP; SAME FT LUNGE;  
13 12\_;;3 [SLO HOV CORTE] Bk R lf trn, fwd L slo rise & shape CP LOD, \_\_ (W fwd L, fwd R lf trn slo rise & shape head lt, \_\_);  
14 \_\_, \_\_, bk R fc LOD (W \_\_, \_\_, fwd L BJO fc RLOD);  
15 1\_\_(12\_) [BK & PREP] BJO bk L ptr outsd, rf body trn tch R to L fc WALL & lower on L rt sd stretch, \_\_  
(W BJO fwd R outsd ptr, rf trn cl L to R fc LOD & lower on L head rt, \_\_);  
16 1\_\_ [SAME FT LUNGE] Sd & fwd R beh ptr rt sd stretch & slo chg to lt sd stretch, \_\_, \_\_/ chg to rt sd stretch  
(W head rt bk R & slo chg head to lt, \_\_, \_\_/chg head lt);
- 17-19** SLO DRAG; & DEVELOP; LOWER TO SAME FT LUNGE LINE;  
17 1\_\_ [SLO DRAG] Rt sd stretch rec sd L & chg to lt sd stretch hips fwd, \_\_, \_\_/chg to rt sd stretch  
(W head rt rec fwd L & slo chg head lt hips fwd, \_\_, \_\_/chg head rt bring R ft up to lt knee);  
18 \_\_ [DEVELOP] Hold keep rt sd stretch, \_\_, \_\_/correct sway (W head rt develop R & tch R to L, \_\_, \_\_/chg head lt);  
19 1\_\_ [LOWER TO SAME FT LUNGE LINE] Cl R to L & lower on R, \_\_, \_\_/ (W head lt cl R to L & lower on R, \_\_, \_\_/);

## PART A (MOD-1)

- 1-4** TELESPIN EXIT TO BJO; FWD FWD/LK FWD; MANU; OVERTRN SPIN TRN;  
1 \_;123(&;123) [TELESPIN TO BJO] /lead ptr rec fwd; Fwd L LOD lf trn, fwd R across ptr cont lf trn, fwd L BJO DLW  
(W /head lt rec fwd L; Fwd R across ptr, cl L to R lf toe spin, cont lf trn bk R BJO fc DRC);  
2 12&3 [FWD FWD/LK FWD] BJO DLW fwd R outsd ptr, fwd L/lk Rib fwd L BJO (W BJO bk L ptr outsd, bk R/lk Llf, bk R BJO fc DRC);
- 5-8** DBL RT TRNG LK TO WHISK LINE;; WING; FWD TO RT CHASSE;  
**9-12** OUTSD CHG TO SCP; RUN OP NAT; TUMBLE TRN; REV PVT TO VIEN-X;  
**13-16** SLO HOV CORTE;; BK & PREP; SAME FT LUNGE;  
**17-19** SLO DRAG; & DEVELOPE; LOWER TO SAME FT LUNGE LINE;

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## PART B

### 1-4

#### TELESPIN EXIT TO BJO; MANU; SPIN TRN; BOX FIN;

- 1 \_;123(&);123] [TELESPIN TO BJO] /lead ptr rec fwd; Fwd L LOD lf trn, fwd R across ptr cont lf trn, fwd L BJO DLW (W /head lt rec fwd L; Fwd R across ptr, cl L to R lf toe spin, cont lf trn bk R BJO fc DRC);
- 2 123 [MANU] Fwd R DLW outsd ptr, fwd L rf trn, cl R to L CP RLOD (W bk L ptr outsd, bk R rf trn, cl L to R CP fc LOD);
- 3 123 [SPIN TRN] Bk L rf trn, fwd R cont rf trn, bk L CP DLW (W fwd R rf trn, bk L cont rf trn, fwd R CP fc DRC);
- 4 123 [BOX FIN] CP bk R, bk & sd L lf trn, cl R to L CP DLC (W CP fwd L, fwd R lf trn, cl L to R CP fc DRW);

### 5-8

#### DBL REV SPIN; CK REV & SLIP; DBL NAT SPIN TO BJO; OPP CHAIR & SLIP;

- 5 12\_(123&) [DBL REV SPIN] CP fwd L, fwd R across ptr lf spin, tch L to R CP LOD (W bk R, cl L to R lf heel trn, fwd R lf trn/lk L lf CP fc RLOD);
- 6 123 [CK REV & SLIP] Fwd L, fwd R across ptr cking lf trn; slip rf bk L CP DLW (W bk R, cl L to R cking trn, slip rf fwd R CP fc DRC);
- 7 12\_(123&) [DBL NAT SPIN TO BJO] CP fwd R, fwd L across ptr rf spin, tch R to L BJO DLC (W bk L, cl R to L rf heel trn, fwd L rf trn/cl R to L BJO fc DRW);
- 8 123(\_3) [OPP CHAIR & SLIP] Rf body trn ck fwd R, rec bk L, slip bk R CP DLC (W ft tog rf body trn , \_\_, slip fwd L CP fc DRW);

### 9-12

#### 2 LF TRNS;; WHISK; RIPPLE CHASSE;

- 9 123;123 [2 LF TRNS] CP DLC fwd L, fwd R lf trn, cl L to R CP RLOD (W CP bk R, bk & sd L lf trn, cl R to L CP fc LOD);
- 10 Bk R, bk & sd L lf trn, cl R to L CP DLW (W fwd L, fwd R lf trn, cl L to R CP fc DRC);
- 11 123 [WHISK] CP fwd L, fwd & sd R, lf body trn hook Lib SCP DLC (W bk R, bk & sd L, rf body trn hook Rib SCP DLC);
- 12 12&3 [RIPPLE CHASSE] SCP DLC fwd R, fwd L/cl R to L, fwd L SCP DLC (W SCP fwd L, fwd R/cl L to R, fwd R SCP DLC);

### 13-17

#### WEAVE TO SCP;; OP NAT; OVERTRN OUTSPIN; RUN LINK TO SCP;

- 13 123;123 [WEAVE TO SCP] SCP DLC fwd R, fwd L lf trn, bk R LOD BJO (W SCP fwd L, fwd R lf trn, fwd L LOD BJO);
- 14 BJO bk L ptr outsd, bk R blend CP lf trn, fwd L SCP DLW (W BJO fwd R outsd ptr, fwd L blend CP rf body trn, fwd R SCP DLW);
- 15 123 [OP NAT] SCP DLW fwd R, fwd L across ptr rf trn, bk R BJO fc DRC (W SCP fwd L, fwd R, fwd L BJO fc DLW);
- 16 123 [OVERTRN OUTSD SPIN] BJO cl L to R ptr outsd rf body trn, fwd R outsd ptr cont rf trn, fwd L across ptr rt sd stretch CP DRC (W BJO fwd R outsd ptr spin rf, cl L to R cont rf toe spin, fwd R DRW CP head rt);
- 17 1&23 [RUN LINK TO SCP] CP rt sd stretch fwd R rf trn/fwd L correct sway, fwd R BJO outsd ptr rising trn to SCP, fwd L SCP DLC (W CP head rt bk L rf trn/bk R chg head lt, bk L BJO ptr outsd rising trn SCP head rt, fwd R SCP DLC);

## PART C

### 1-4

#### WEAVE 5 & CK TO SWY CHG & SWITCH;; DBL RONDE TO TWIST TRN;

- 1 123;12\_;\_3 [WEAVE 5 & CK TO SWY CHG & SWITCH] SCP DLC fwd R, fwd L lf trn, bk R LOD BJO rt sd stretch (W SCP fwd L, fwd R lf trn, fwd L LOD BJO head rt);
- 2 BJO bk L ptr outsd, bk R BJO fc RLOD rt sd stretch, hold start swy chg (W BJO fwd R outsd ptr, fwd L LOD BJO head rt, hold start swy & head chg to lt);
- 3 Cont chg to lt sd stretch, \_\_, chg to rt sd stretch & slip bk L rf trn CP COH (W cont sway & head chg lt, \_\_, chg sway & head rt slip fwd R rf trn CP fc WALL);
- 4 123;\_\_ (123&;1\_\_) [DBL RONDE TO TWIST TRN INTO RT LUNGE LINE] CP fwd R ronde L cw lt sway w/ rf trn, fwd L across ptr, xRib correct sway (W CP bk L ronde R cw head rt rf trn, xRib, fwd L/fwd R around ptr head lt);

### 5-8

#### INTO RT LUNGE LINE; SLO SD LK; SLO CONTRA CK; BK HOV EXIT TO BJO;

- 5 Unwind rf to RT LUNGE LINE fc WALL, \_\_, \_\_ (W fwd L to RT LUNGE LINE chg head rt, \_\_, \_\_);
- 6 1\_3 [SLO SD LK] Rec L lf body trn, \_\_, lk Rib CP DLW (W rec R lf body trn, \_\_, lk L lf CP fc DRC);
- 7 1\_\_ [SLO CONTRA CK] CP DLW lower on R rt sd stretch ck fwd L strong contra & slo chg to lt sd stretch, \_\_, \_\_ (W CP lower on L head rt ck bk R strong contra & slo chg head lt, \_\_, \_\_);
- 8 1\_3 [BK HOV TO BJO] Bk R, rise & brush L to R, fwd L BJO DLW (W fwd L, rise & brush R to L, bk R BJO fc DRC);

## PART B (MOD)

### 1-4

#### FWD FWD/LK FWD; MANU; SPIN TRN; BOX FIN;

- 1 12&3 [FWD FWD/LK FWD] BJO DLW fwd R outsd ptr, fwd L/lk Rib fwd L BJO (W BJO bk L ptr outsd, bk R/lk L lf, bk R BJO fc DRC);

### 5-8

#### DBL REV SPIN; CK REV & SLIP; DBL NAT SPIN TO BJO; OPP CHAIR & SLIP;

### 9-12

#### 2 LF TRN;; WHISK; RIPPLE CHASSE;

### 13-17

#### WEAVE TO SCP;; OP NAT; OVERTRN OUTSPIN; RUN LINK TO SCP;

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## PART C

1-4 WEAVE 5 & CK TO SWY CHGS & SWITCH;;; DBL RONDE TO TWIST TRN;  
5-8 INTO RT LUNGE LINE; SLO SD LK; SLO CONTRA CK; BK HOV EXIT TO BJO;

## PART A (MOD-2)

1-4 NAT WEAVE TO BJO;;; MANU; OVERTRN SPIN TRN;  
1 123;123 [NAT WEAVE TO BJO] BJO DLW fwd R outsd ptr, fwd L across ptr rf trn, bk R LOD BJO  
(W BJO bk L ptr outsd, cl R to L rf heel trn, fwd L LOD BJO);  
2 BJO bk L ptr outsd, bk R blend CP lf trn, fwd L BJO DLW (W BJO fwd R outsd ptr, fwd L blend CP lf trn, bk R BJO fc DRC);

5-8 DBL RT TRNG LK TO WHISK LINE;;; WING; FWD TO RT CHASSE;  
9-12 OUTSD CHG TO SCP; RUN OP NAT; TUMBLE TRN; SLO HOV CORTE;  
11 1&23 [TUMBLE TRN] Bk R DLC/lf trn sd L, fwd R DLC BJO outsd ptr, fwd L DLC lf pvt CP RLOD  
(W fwd L DLC/fwd R lf trn, bk L BJO ptr outsd, bk R lf pvt CP fc LOD);  
12 12;\_\_3 [SLO HOV CORTE] Bk R lf trn, fwd L slo rise & shape CP LOD, \_\_ (W fwd L, fwd R lf trn slo rise & shape head lt, \_\_);

13-15 FIN HOV CORTE; BK & PREP; SAME FT LUNGE;  
13 \_\_, \_\_, bk R fc LOD (W \_\_, \_\_, fwd L BJO fc RLOD);

## END

1-2 TELESPIN EXIT TO SLO THROWAWY OVERSWY;;  
1 \_\_;12;1\_\_ [TELESPIN TO SLO THROWAWY OVERSWY] /lead ptr rec fwd; Fwd L LOD lf trn, fwd R across ptr cont lf trn CP RLOD, \_\_  
(&;12;1\_\_ (W /head lt rec fwd L; Fwd R across ptr, cl L to R lf toe spin CP fc LOD head rt,head, \_\_);  
2 CP RLOD rt sd stretch bk L lf body trn slo extend rt arm & ptr fwd lt sd stretch, \_\_, \_\_  
(W CP head rt fwd R LOD lf body trn pass L by R extend L bk chg head lt extend upper body bk and up into ptr's arm, \_\_, \_\_);